

**Name:**

**Location/Title of peer discussion:**

**Date:**

Try to write down some notes about how the session went as soon as possible after the peer discussion, while the thoughts are fresh in your mind. Include what went well as well as things you would like to improve.

**Summary of the session:**

**Things you might consider:**

What cases were discussed?

What were the objectives for the session?

How many people attended?

What was the range of experience within the group?

Were the ground rules observed – if not, what happened?

Did the logistics work – if not, what went wrong?

Did you keep to time – if not, what did you learn?

Did you maintain a positive and supportive atmosphere?

Was the discussion focussed and energy maintained?

What were the key issues that arose?

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| <p><b>Reflections on the session:</b></p> <p><b>Things you might consider:</b><br/>What do you feel you did well?<br/>Did you feel you prepared appropriately?<br/>How did you deal with any issues that arose?<br/>What was the impact on individuals and on the group as a whole?<br/>Could you have used different questioning techniques?<br/>How did the group enjoy the session?<br/>How did you feel during the session?<br/>What areas might have been improved?</p> |  |
| <p><b>Future development:</b></p> <p><b>Things you might consider:</b><br/>Is there anything you would do differently in future?<br/>What further learning or support do you think would help you?</p>   |  |