

## The Ageing Eye: A day in the life...

## **Related reference material**

## The following are core reference sources highlighted in this programme, and which you are recommended to read.

- 1 Cumming RG, Ivers R, Clemson L et al. Improving vision to prevent falls in frail older people: A randomized trial, J Am Geriatr 2007; 55(2): 175-181
- 2 Stephen R, Dayhew J and Howland A. Multifocal glasses impair edge-contrast sensitivity and depth perception and increase the risk of falls in older people, *J Am Geriatr* 2002; **50**(11): 1760-1766
- **3** Davies JC, Kemp GJ, Stevens G, Frostick SP and Manning DP. **Bifocal/varifocal spectacles**, **lighting and missed-step accidents.** *Safety Science* 2001; **38**(3): 211-226
- 4 Campbell J.A, Robertson C.M, La Grow S.J. et al., Randomised controlled trial of prevention of falls in people aged ≥75 with severe visual impairment: the VIP trial, *BMJ* 2005; 331:817
- **5** Evans, Fletcher and Wormald, **Depression and anxiety in visually impaired older people**. *Ophthalmology* 2007; **114**(2): 283-288
- 6 Miljanović B, Trivedi KA, Dana MR *et al.*, **Relation between dietary n-3 and n-6 fatty acids** and clinically diagnosed dry eye syndrome in women. *Am J Clin Nutr* 2005; **82**(4): 887-893